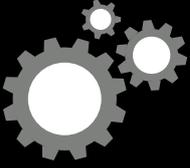


# PROTOS®

## integral



# Protos® Integral



**GB** User Manual

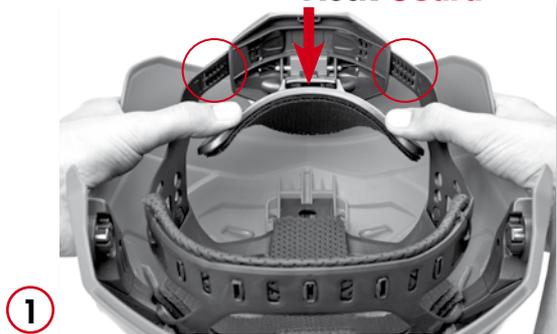


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# 1. Adjustments for perfect comfort of wear and optimal safety

## 1.1 Adjusting for head size:

**Neck Guard**



Push the neck **guard** towards the inside of the helmet until it snaps into place (with a slight click). In this position you can see the right and left adjustment **straps** (see circle Fig. 3). Use these to adjust the Protos® Integral safety helmet to your head size.

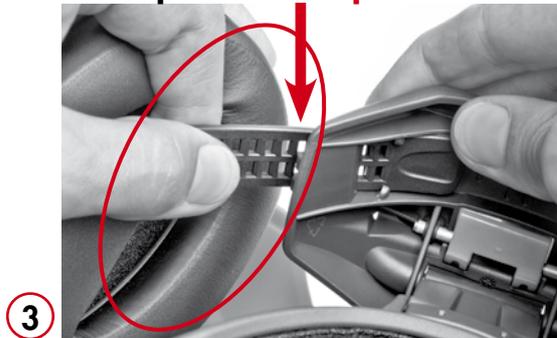
**Neck Guard Holder**



Slide the adjustment straps (Fig. 3) to the inside or outside (to adjust for smaller or larger head size) and fix them in the desired position. Please make sure to adjust both sides equally to ensure that the helmet will sit straight on your head! The lines on the neck guard **holder** serve as orientation (see circle).

Once you have adjusted and set both sides, push the neck **guard** back into its initial position. The helmet should now fit firmly but not be too tight. If the helmet does not fit your head comfortably, readjust the settings.

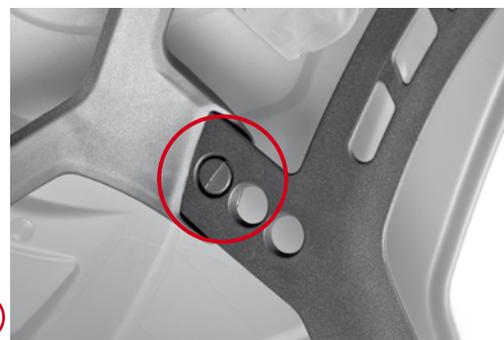
**Adjustment Straps**



**TIP!**

If you have a helmet with hearing protection, it is easiest to get at the adjustment **straps** if you put the ear protectors in the stand-by position (see Fig. 14).

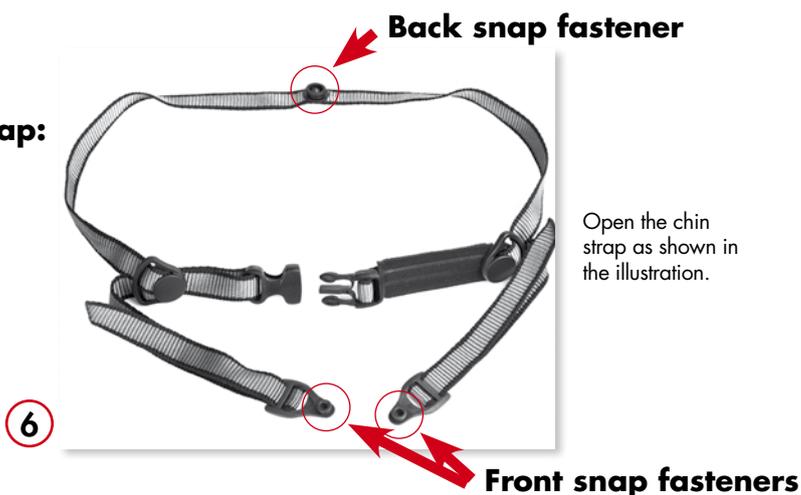
You make adjustments to select one of 3 **variable ride heights** directly to the left and right of the neck **guard**.



Push the adaptor button towards the outer shell. Now you can select one of the three ride heights by pushing the button in or out. Here, too, make sure to make the same adjustments on both sides!



## 1.3 Fasten chin strap:

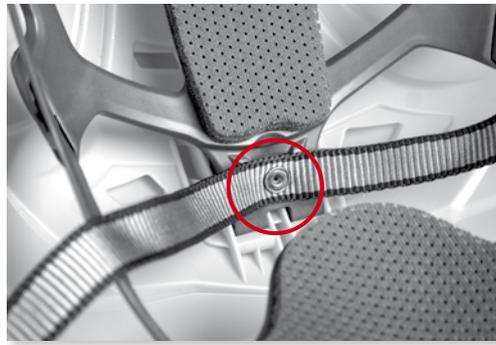


Open the chin strap as shown in the illustration.

7



8



Push the "back snap fastener" into the socket in the back under the neck guard on the inside of the helmet by pushing down hard.

9



Now pull the chin strap through the guides on both sides of the back part of the neck guard (to do so, it is best to push the neck guard outwards again).

10



There are two more fasteners at the front of the chin strap (Fig. 6). Snap both of these into the sockets on both sides (circles). Lock them into place by pulling slightly, so that they point to the inside of the helmet (Fig. 11).

11



12



Make sure the tension of the chin strap is the same on both sides!

13



**TIP!**

Once you have made final adjustments to your chin strap, the excess part of the strap can be cut off and the cut edge can then be melted using a lighter.

## 1.4 Adjusting the ear protectors:



Put the ear protectors into the active position so that they fit closely over your ears.



To adjust for optimal height, push the ear protectors up or down until they fit comfortably over your ears.



To put the ear protectors back into the stand-by position, pull them outward a little and push them back with two fingers (also see Fig. 14).



The pressure, with which the ear pieces fit over the ears, can be adjusted. To do so, remove the ear protectors (in the active position, Fig. 15). «Press» on the red tab to pull the ear protectors from the shell of the helmet.



Now turn the pressure regulator with a 1- or 2-cent coin (10 or 50 centime CHF) to increase (+) or decrease (-) the pressure.



Take the ear protection incl. bracket and slide it into the corresponding clasp.

**Attention!** The arrows on the ear pieces should point to the front of the helmet (Fig. 15 and 16).

## 2. How to exchange parts:

If parts of your Protos® Integral safety helmet become worn or damaged, or if they must be cleaned, they can be easily exchanged.

### 2.1 Changing the brow, crown and neck pad:



Remove the brow pad held by plastic clips from the brow pad holder and clip in the new and/or dry brow pad starting from the right or left.

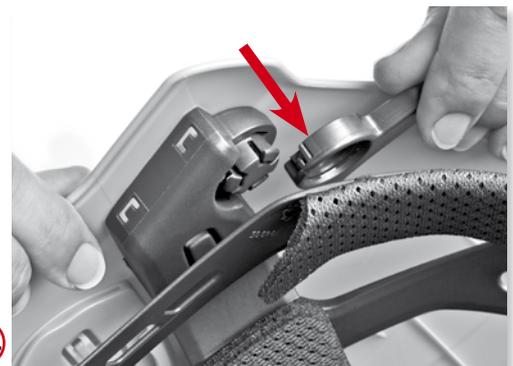


Remove the crown and neck pad from the Velcro fastening by pulling on it and exchange with replacement pads.



Open the visor, which is attached to round mounts on the inside.

Pull strongly to remove the visor from the mounts.



### 2.3 Changing the ear piece pads:

First, remove the ear protectors from the helmet shell (also see Fig. 17)

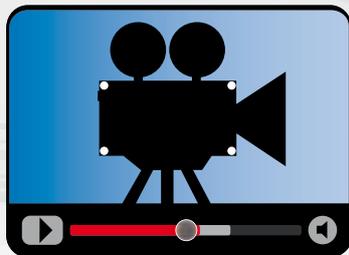


Firmly hold the ear piece in your hand and use your index and middle finger to hook under the pad from the side. The pad can be removed by lightly pulling on it.

Now place the new pad on the ear piece and press down evenly.



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